



# ELTERNHAUS NEWSLETTER

ELTERNHAUS ASSISTED LIVING, 4201 LINTHICUM ROAD, DAYTON, MD 21036

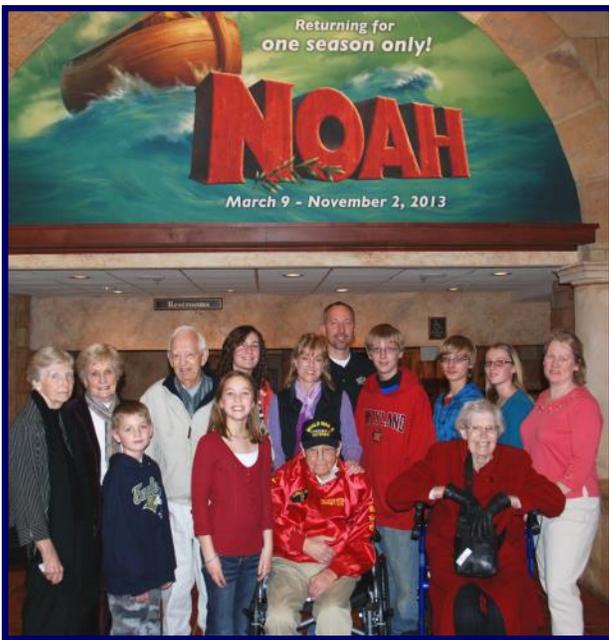
SPRING 2013



Lorna Smith-Allen, Mary Janos, Don, Melvin, and Jerry, going to Church at Triadelphia in the trusty bus.



Thanks to Irv Heller for designing our logo and painting this on the bus. The bus takes us on outings to Ocean City, performances, spring cherry blossoms and autumn leaves. And of course to see out-of-house specialist docs, if it is more comfortable to stay in a wheelchair for the trip.



The Sight and Sound Trip: Norma, Roland and Stella, Melvin, Florence, and the Mayer and Stoia Families.

We had a great trip to Sight and Sound in Pennsylvania. "Noah" was playing and it was like being IN the Ark!



Mary Janos, Florence Tilkins, and Gertie Ross at Spencerville Adventist Academy for "The Music Man"

Closer to home, we went to SAA to see "The Music Man." Can you find someone you love in the audience?

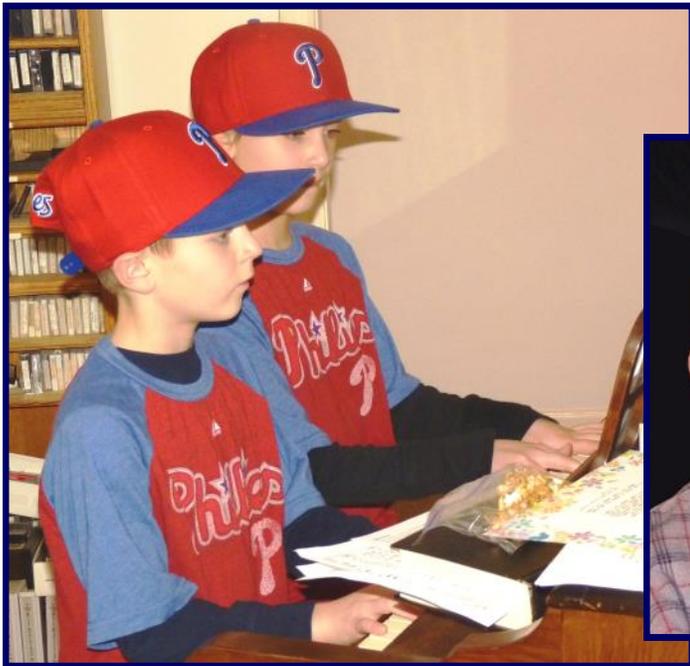
### We LOVE the Front Porch—

The front porch has a life of its own. The Christmas Trees become Valentine Trees, then St. Patrick’s Day Trees. And finally fade into the background as Spring comes bringing flowers to the front yard.

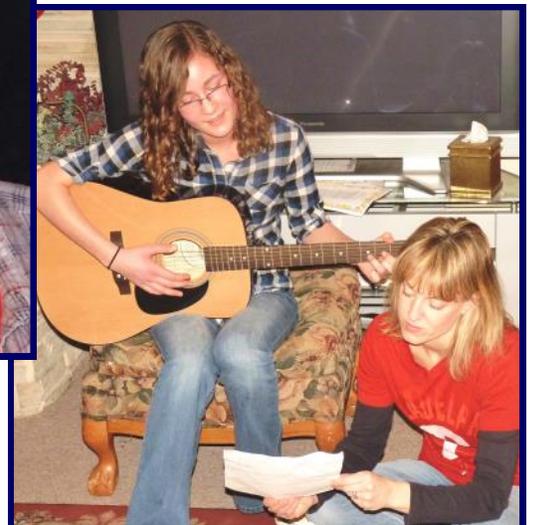


### Valentine’s Amateur Talent Show—

In February, we had a Valentine’s Amateur Hour starring residents, families, and staff. Tim begins the Valentine’s Amateur Hour with Jerry and Helen Cullum, our resident couple. Here they remember how long they have been married, and if they have ever argued!

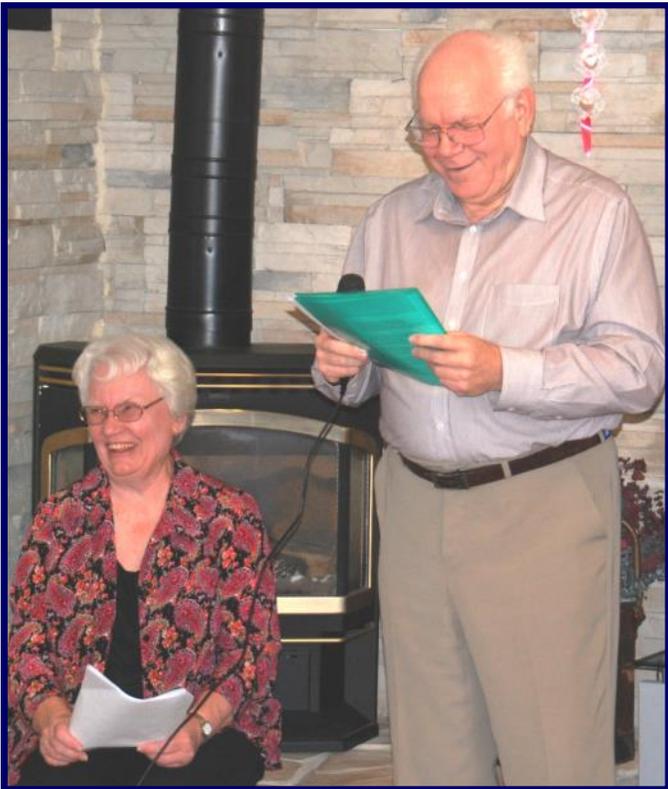


Cameron Mayer plays for great-grandpa Melvin, while Mom Amber (Tim’s wife) holds the music. This was Cameron’s debut performance after receiving the guitar for Christmas.



Chase and Riley Mayer dressed in their favorite team uniforms, play “Take Me Out To The Ball Game” for Great-Grandpa Melvin. We enjoyed the peanuts and Cracker Jacks they handed out.





Eric Korff tells us what children THINK love is!



Don and Diane are back-up singers to Florence Tilkens “You Are My Sunshine.” Her son, Ron, accompanies on the piano.

Mary Rainey and  
Debbie.  
Do YOU love  
broccoli??



Tim and Gertie.  
Yes, we love  
having Gertie  
here.



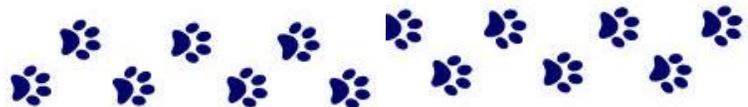
Roland Hegstad ends the Valentine’s program by reciting the last paragraph of the “Great Controversy” which ends with the words, “God is Love.” Diane had the book to prompt, just in case. Roland has memorized several long compositions. We marvel at how he does it.



We  
Love  
our  
pets!



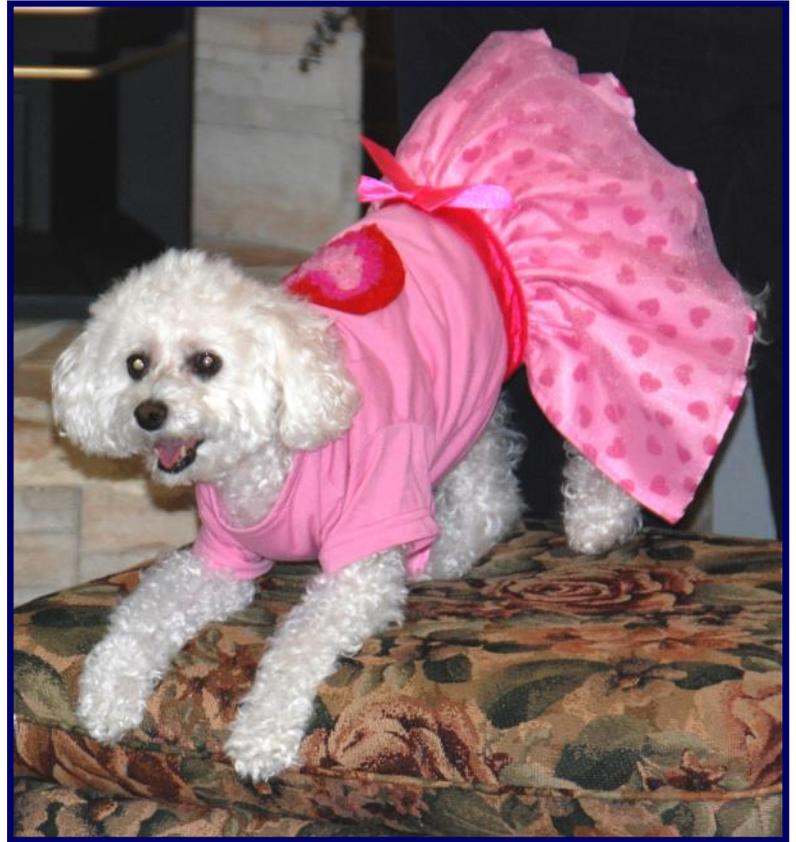
The Doggie Fashion Show was a hit. Pam Strahle brought her dog, Cozy, who modeled an adorable red and white Valentines outfit. Next, Cozy appeared in a marvelous mermaid outfit, complete with fish tail!



Our next-door neighbors, the Rogan Family, brought their dog, Roxie. Dressed as a returning Angel. Roxie was hit by a car near Elternhaus on Linthicum, as she ran full speed across the road. We watched in horror as a car came over the hill at high speed. The two met with a sickening thud like a cannon shot. Roxie rolled off to the side of the road. We all ran to see what could be done. She was as still as a stone, but the Rogan's found that she was still breathing. Tenderly they picked her up and rushed to the nearest vet, who determined it was a concussion and they could do nothing. Wanting a second opinion, the Rogans drove Roxie to a far-away animal hospital where she was put on high dose steroids by IV. Roxie recovered and became "Roxie, the Miracle Dog."

### More Doggie Fashions—

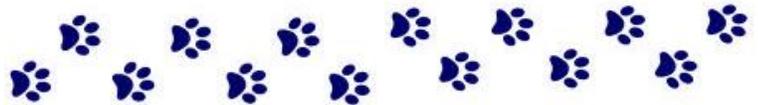
Nellie shows off her pink dress in the Doggy Fashion Show, for her Mom, Romaine Weand.



Nellie takes a bow in her Valentine’s dress.

Nellie is a “Malti-Poo,” trained as a therapy dog to visit nursing homes. I do believe she is a “ham!”

We love interacting with her as the Elternhaus Four-Legged Resident.





### St Patrick's Day—

Sharon Wright, grand niece of Helen Manuel, played for both the Valentine's Amateur Hour and the St. Patrick's Day Sing-A-Long.

For such programs, we push furniture to the kitchen and push the piano to the TV end. Good thing this room was built with 2 foot thick floor trusses!



Ginny sings "I Love You Truly."  
Did you know it's an Irish song?

Don and Diane are wearing "The



Mary White, faithful friend of Vada Gentry, reads "The Wearing O' The Green."





**Bluegrass Band**— We had authentic Bluegrass Music from Lily Prentice’s family. We caught the players just before they packed up their instruments. They were wonderful!

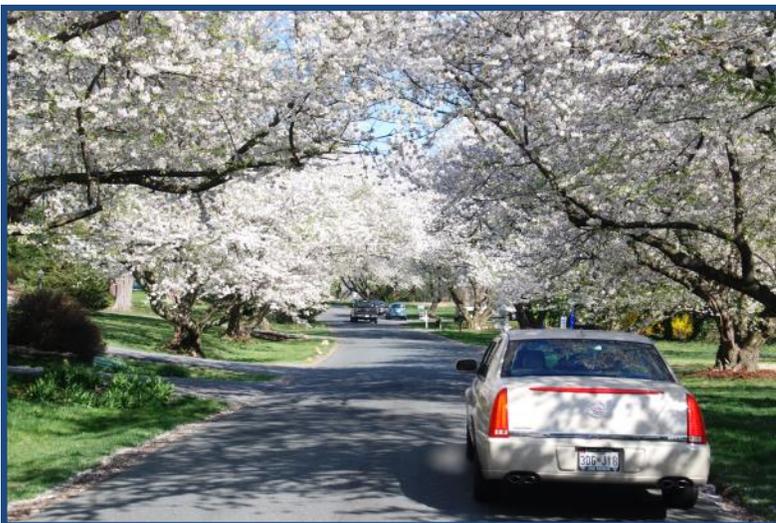
**The “Just Because” Band**



Andy McGeehan (second from left) brings his friends to give us wonderful bluegrass sound!

**Cherry Blossoms 2013—**

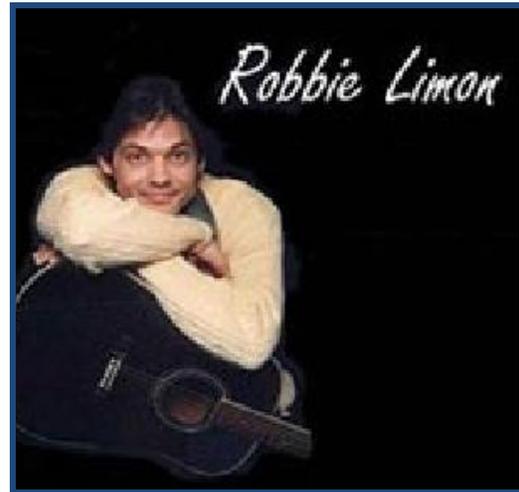
Each year we take a ride to see the cherry blossoms. This year we wound our way through the residential streets of Olney. What a beautiful drive! The trees create a tunnel of white blossoms that are breathtaking.





Cameron Mayer, Kristen Stoia, Chase Mayer, Nick Stoia, Jared Stoia, and Riley Mayer, "The Strawberry Prep Team," finally get to taste the fruits of their work!

Nancy Limon enjoyed visiting with her family on Mother's Day. Please note the announcement of her son, Robbie Limon. He will perform live here on **Sunday, July 14 at 7 pm**. We are so glad he found time from his busy entertainment schedule to come. This is a free concert in honor of his mom!



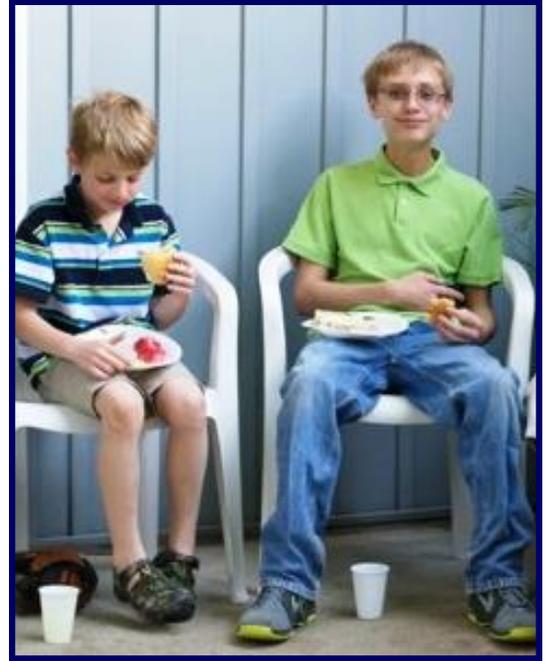
Doris Schneider received a huge plant on Mother's Day, for right outside her window on the deck.



Welcome to Valerie Reed

**Mother's Day Dessert  
Team prep strawberries:**

Left to right: Amber Mayer, Diane, Nick and Jared Stoia, Chase Mayer, Riley Mayer, and Kristen Stoia.



Nick Stoia and Chase Mayer finally get to eat their fill of the dessert.



Roland and his family.



Theresa Pabst and grand-niece, Ruthie



Dorothy Gibbs and her family

# More Mother's Day—



Nancy Shaw and Family



Irma Wagner with Pam and Bob



Mary Janos and Family



Sarah Sturtz and Family



More Family Portraits—



Vada and Friends



Evelyn and family



Norma and family

*Always Remembered....*



Mary Lou Mashburn

7/18/1928 to 4/17/2013



Lily Prentice

2/25/1934 to 5/19/2013



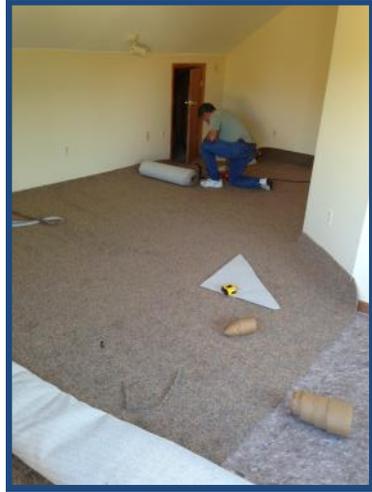
### From Tim's Desk---



Progress, Progress...We have been working hard on our plans to expand the Elternhaus services to the house located in the back of our property. We are calling it the *Chalet* and we expect to open to new residents in the



next several months. There have been renovations in progress since November when we started the sprinkler system installation. The main bathroom has been renovated, the painters have been painting and the carpets are installed. The decks are getting a fresh coat of paint and a new roof will be put on real soon. Our plan is to start with a license for 5 and expand up to 10 as we can. It is a beautiful home with lots of windows and spectacular views from the wrap around decks. We



have had several inquiries and have begun our waiting list. We expect it to fill quickly. If you know of anyone that you believe would benefit from this expansion, please call me real soon. My cell phone number is [240-286-3635](tel:240-286-3635).

*Tim*



**From Diane's Desk—** Moses found himself having difficulty in making all the decisions the people brought to him daily. His father-in-law had the solution: To delegate. So Moses divided the people into teams. The lowest number in a team was only 10 people! Now if EH did such a delegation, there would be 2 main leaders of 10 each. This is what Tim and I are doing as partners. He does the financial decisions. I oversee the medical decisions with the help of others. They are the engine.. I am the little rudder. (A rudder does not have to be big.) Don is our gate- keeper and time manager. We enjoy working together. As the Chalet develops, there will be further delegation. Tim and Charilyn



Wade will become a new team, since the Chalet will house about 10 new residents. We want to thank you, our loyal constituency, for your trust in us. Never fear, Elternhaus has not altered its course. In fact, the engines are full steam ahead and we are a well-organized team, working in a world of imperfections.

*Diane*

**From Debbie's Desk —** As a person gets older, balance can be affected. Many factors can affect balance and safe walking. We will be evaluating risk of falls using standardized tests. These may show us there is a peripheral nerve problem bringing on neuropathy, or maybe blood pressure that drops when a person stands too quickly. Even fluid in the inner ear can cause dizziness that keeps a resident from being safe. Our goal is to prevent falls and decrease the risk factors that can lead to the falls. Let me know if you want more information on the testing we will do on your loved one. If we can prevent a fall leading to a broken hip, or worse, we can help your family member be stronger and live more independently and longer!



*Debbie*